



CONTRACEPTIVE SERVICES

CLINIC TIMES



Under 20's @ Connexions, Lowther Street, Carlisle

Telephone: 01228 640958

Monday to Thursday 3.00pm – 5.00pm (Drop In)
Friday 3.00pm – 4.00pm (Drop In)
Saturday 12.00pm – 3.00pm (Drop In)

Over 20's @ London Road Community Clinic, Hilltop Heights, Carlisle

Telephone: 01228 608000

Monday 5.00pm – 7.00pm (Drop In)
Tuesday 5.00pm – 7.00pm (Appointment Only)